

Children and Infant Food Prescriptions and Age

When you create Food Prescriptions for Infants and Children, you should define the Food Prescriptions with an “Effective Date of Food Prescription” for the following age milestones:

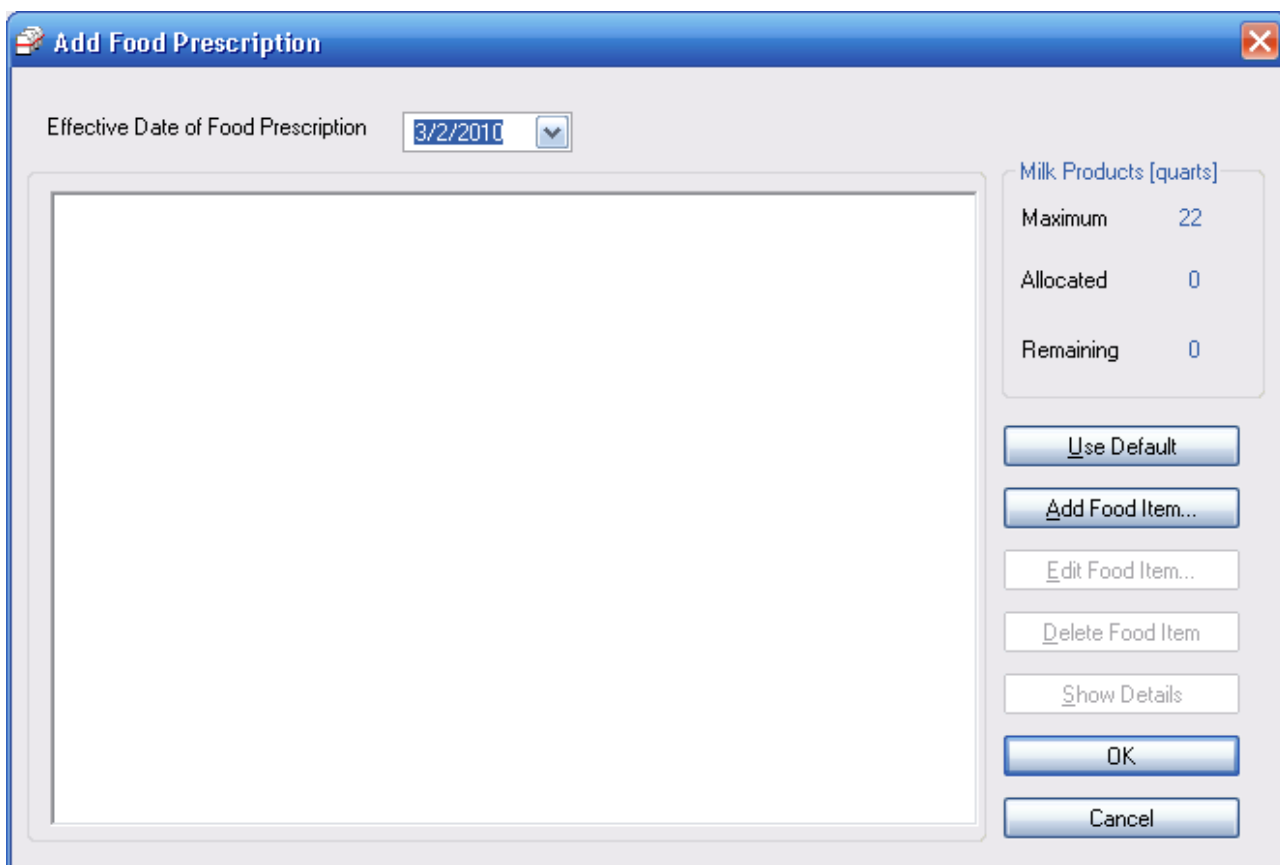
Fully Breastfeeding Infant: 6 months old (Age when food is introduced).

Other Infants: 0*, 1, 4 and 6 months old.

Children: Ages 1, 2 and 3 years old.

*If the infant is less than 1 month old, you need to define a food prescription.

Because the “Effective Date of Food Prescriptions” should be age milestones as shown above, it would be helpful to see the participant’s birth date while defining these Prescriptions; however, as shown below, the birth date is not visible on the “Add Food Prescription” window:



So how do you quickly access the birth date?



All you have to do is single left-click on the **Clinic Icon** in the bottom blue bar to bring up the Participant List. The birth date is right there. Then if you click on the Clinic Icon on the bottom blue bar again, that will cause the Participant List to be minimized again so you can see your Food Prescription window. Let us know if you find this hint helpful!